

# BOOK PRESENTATION & DISCUSSION

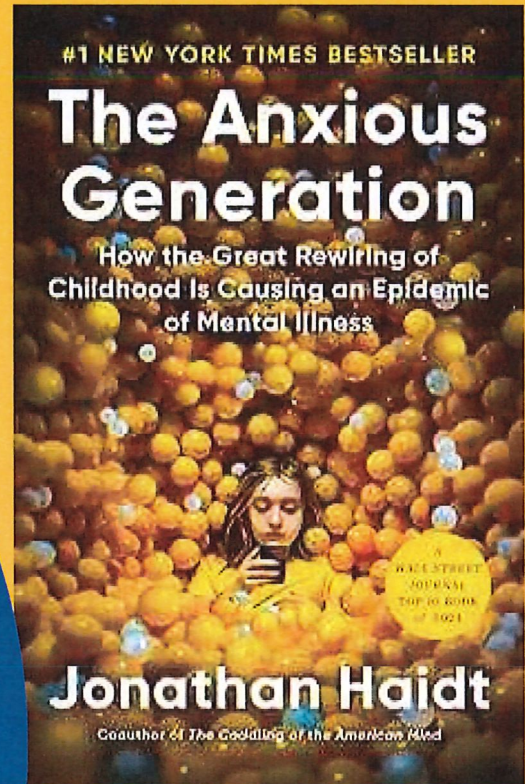
Join us for an engaging session exploring the NY Times bestseller The Anxious Generation. Appropriate for guardians with children 2-18, we'll discuss:

- ✓ How smartphones, social media & gaming affect children & teens
- ✓ The sharp rise in anxiety, depression, and loneliness since 2012
- ✓ How childhood play has shifted and the resulting impact
- ✓ Practical steps for families and schools to help children thrive

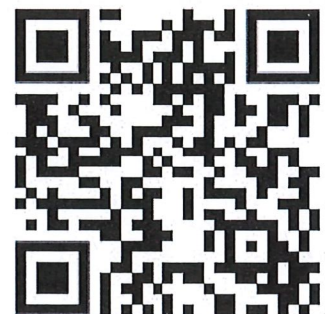
**OCTOBER 7TH @ 6PM**

**OLMC SCHOOL LIBRARY**

*Whether you've read the book, heard about it or it's brand new to you, all are welcome to join!*



**RSVP by 10/1/25**



*Childcare is available!  
Please indicate in  
your RSVP.*